

CHIKUNGUNYA



Chikungunya is a virus that is spread from human to human through the bite of infected *Aedes* mosquitoes. These mosquitoes bite aggressively during the day. Chikungunya is a potential threat in North Texas, but it is mainly associated with travel to Central and South America.

Symptoms of chikungunya fever usually appear 3-7 days after the bite of an infected mosquito. The illness typically lasts about 5 days. Symptoms include **high fever, severe joint pain, muscle pain, and headache.**



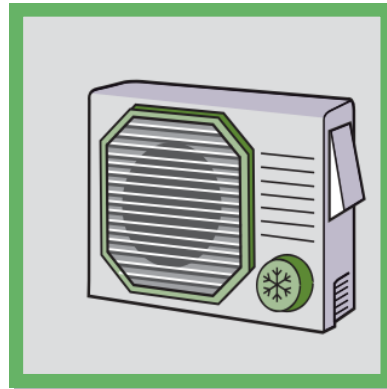
There is no vaccine to prevent or medication to treat chikungunya. It is important to protect yourself from mosquito bites to prevent becoming infected with the virus.



Wear long-sleeved shirts and long trousers



Use mosquito repellents, coils, or other devices



Use air conditioning or window/door screens



Drain standing water from outdoor containers.

If you develop fever, joint pain, muscle pain, and headache after being bitten by a mosquito:

- Consult a doctor.
- Limit your risk of additional mosquito bites—this will help prevent further spread of the virus.



For more information, please visit <http://dentoncounty.com/Departments/Health-Services/Health-Emergency-Alert-Response-Team.aspx>